

RESOLUTION

WHEREAS, cardiovascular diseases are the number one killer of women in the U.S.; and

WHEREAS, cardiovascular disease kills one woman almost every 80 seconds in the U.S.; and

WHEREAS, about eighty percent of cardiovascular diseases may be prevented; and

WHEREAS, some risk factors such as blood pressure, smoking, cholesterol and lack of regular physical activity can be controlled; and

WHEREAS, the American Heart Association's Go Red For Women® movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, Go Red For Women encourages women to take control of their heart health by knowing five numbers that can be lifechanging:

1. Total Cholesterol
2. HDL (good) Cholesterol
3. Blood Pressure
4. Blood Sugar
5. Body Mass Index (BMI)

NOW THEREFORE BE IT RESOLVED, the Madison County Board of Supervisors in recognition of the importance of the ongoing fight against heart disease and stroke, do hereby proclaim Friday, February 2, 2018 to be:

NATIONAL WEAR RED DAY

in Madison County, MS and urge all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the County of Madison this the 20th day of February, 2018.

Sheila Jones, President
Madison County Board of Supervisors

ATTEST:

Ronny Lott, Chancery Clerk